Journal Article Review

Myths and Realities: Teaching Style vs. Learning Style

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This article talks about the congruency of teaching and learning styles, it talks the teaching styles of the teacher and whether they match the learning styles of the student. It also talks about whether the student can learn effectively if the instructional delivery doesn’t match their learning style. The article addresses the behavior that teachers teach the way they have learned, in the traditional instructor-centered style, but when it comes to adult education, an area that most teachers are inexperienced in, they will have to adjust their style to the physical, emotional and intellectual environment of the adult learner, a more experienced and motivated student. It talks about the likelihood of teachers skilled in adult learning, that they will most likely utilize student-centered learning and constructivism teaching. The article discusses the compatibility of teaching styles to learning styles promoting a successful learning experience when they match. However, per the author this is limited to a traditional high school setting that can possibly be used with the same success rate in a vocational school setting, making adjustments to the different learning styles of the students. It talks about the traditional instructor-led classroom setting and a student’s ability to adjust to an adult learning environment as they mature and further their education, and at the same time can a teacher change their teaching style from the instructor-led style to the adult student-centered learning style. The author suggest that the teacher while in the process of changing their teaching style consider the following perspectives **Transmission** of content, **Develop** the students potential, **Apprenticeship** provide the student with real work settings, **Nurture** the interpersonal elements of student learning, and **Social Reform** relate to the lives of the students. The article basically states that regardless of the success the matching learning and teaching styles, success is limited to a period of time, not the changes that follow as a person progressed in their educational career, the teacher and the student must adjust to the changes in the environment they are in. I enjoyed this article because it has further clarified the position of adult education for me. I also agree that the instructor-center style of teaching is good for high school aged students who perform at average level, but disagree if the instructor can’t adjust his style to students in high school who perform at an above average level of learning. I do agree with the student-centered style of teaching for the adult learner.